

ACUTE BACK PAIN SERVICE – COMBINED RESULTS

AUDIT FOR MAY 2006 – APRIL 2007

NUMBER OF PATIENTS REFERRED TO SERVICE – 1097

WAITING TIMES (Target = less than 14 days)

Less than 14 days to appointment = 724 (70%)

14 -21 days =323 (30%)

These figures have since improved by an extra clinic @ Stoke

INITIAL DIAGNOSIS

Mechanical = 759 (71%)

Discal = 399 (38%)

Organic/Inflammatory = 15 (1%)

TREATMENT MODALITIES

Manipulation/Mobilisation = 310 (60%) Ave.2.5 each (from two clinics)

Caudal Epidural Injections =177 (17%) Ave. 2.0 each

Cortisone/Lignocaine Injections 73 (7%) Ave. 1.3 each

Acupuncture = 226(21%) Ave. 2 sessions each

OUTCOMES

**Better than 70% improvement on discharge (of those assessed – 173 lost to fu)
=691 (79%)**

Less than 70% on discharge = 186 (21%)

LENGTH OF TREATMENT

Average per referral = 4 treatments

50% = Less than 4 weeks & 90% = Less than 8 weeks.

REFERRALS

166 (16%) were referred on to other departments

113 (11%) Sub-Acute Back Pain Clinic

45 (4%) Neurosurgery

4 Physiotherapy

5 to other clinics – Pain Clinic/ Vascular /Orthopaedic.

COST

Average cost per patient £122

